

# LKS2: Me and My Relationships



Cycle B

## Key Questions

### Cooperation

Can people disagree and still be friends?

Do people need to accept the views of others? Why?

How can arguments and disputes be settled?

### Friendships

What do I do to be a good friend?

How can I make up with a friend if we have fallen out?

What different ideas can I suggest to friends who have fallen out?

How can I help others to sort out their argument?

### Assessment: Unit Outcomes

- ✓ I can usually accept the views of others and understand that we don't always agree with each other.
- ✓ I can give you lots of ideas about what I do to be a good friend and tell you some different ideas for how I make up with a friend if we've fallen out.

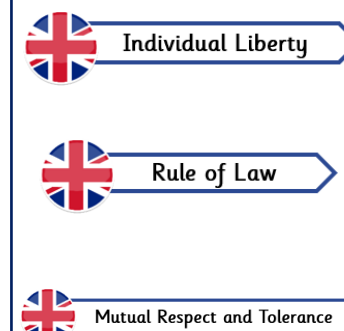
### Key Vocabulary

respect	Accept somebody for who they are, even when they're different from you or you don't agree with them.
responsibility	Being dependable, making good choices, and taking accountability for your actions.
dispute	An argument or disagreement.
persuade	Something meant to get you to do or believe something.
opinion	A viewpoint based on evidence but which cannot be proved.
friendship	People who like spending time with each other/shared interests.

### Christian Value Link



### British Value Link



### Spirituality Link



# LKS2: Valuing Difference



Cycle B

## Key Questions

### Recognising and Respecting Diversity

- Are all families the same? If not, how are they different?
- What is good about having different community groups? Why?
- What is prejudice?
- Where does prejudice come from?
- Can prejudice be challenged? How?

### Being Respectful and Tolerant

- Are tolerance and respect the same? Do we need both?
- Do we have respect and tolerance in our classroom? What does it do?
- Have you shown respect and tolerance at any time? How and Why?
- Has anyone shown you respect and tolerance? How did it make you feel?

## Assessment: Unit Outcomes

- ✓ I can give examples of different community groups and what is good about having different groups.
- ✓ I can talk about examples in our classroom where respect and tolerance have helped to make it a happier, safer place.

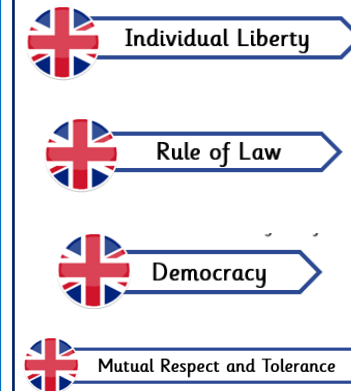
## Key Vocabulary

tolerance	Accepting people for who they are.
bullying	Intentional behaviour that hurts someone else.
community	A group of people living/working together in the same area.
prejudice	Attitudes or opinions about a person or group simply because the person belongs to a specific religion, race, nationality, or other group.
identity	Our sense of who we are as individuals and as members of social groups
unique	Being one of a kind or being special in your own way.

### Christian Value Link



### British Value Link



### Spirituality Link



# LKS2: Keeping Safe

Cycle B

## Key Questions

### Managing Risk

What makes a situation risky?

Can a risky situation be changed? How?

Why do some people choose to take risks?

Why do some people choose to avoid risky situations?

### Drugs and Their Risks

What are the risks of cigarettes and alcohol?

Can medicines be both helpful and harmful? Why?

What other things can be helpful and harmful to a person's health?

What can make people take risks?

### Staying Safe Online

Why is it important to keep personal details safe when online?

Is all information that we see online always true?

How do some people try to find out personal information? Can this cause any problems?

## Assessment: Unit Outcomes

- ✓ I can say what I could do to make a situation less risky or not risky at all.
- ✓ I can say why medicines can be helpful or harmful.
- ✓ I can tell you a few things about keeping my personal details safe online.
- ✓ I can explain why information I see online might not always be true.



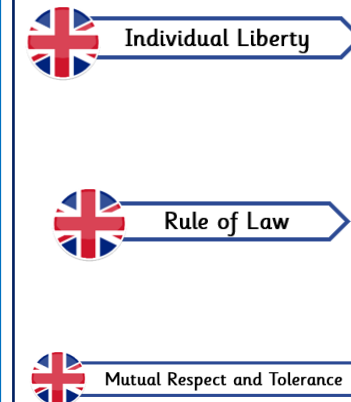
## Key Vocabulary

risk	The possibility of something bad happening.
private	Something you don't want to share; it's for your eyes only.
alcohol	A chemical substance that used in science and manufacturing.
drug	Chemicals/ substances that change the way our bodies work.
cigarettes	Roll of cut tobacco enclosed in paper that is smoked.
medicines	A substance or preparation used in treating disease.

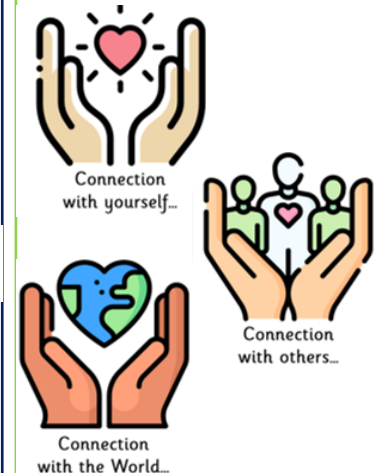
### Christian Value Link



### British Value Link



### Spirituality Link



# LKS2: Rights and Respect



Cycle B

## Key Questions

### Skills We Need to Develop As We Grow Up






Is a fact the same as an opinion? If not, why not? How we check whether something is a fact or opinion?

What is a 'false fact' that might be seen online?

### Helping and Being Helped

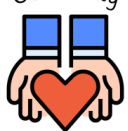
How do we keep ourselves safe as we get older?


Can we help the people who help us? How?


<h1 style="color: #00b050;">S</h1> <p><b>Stay Safe</b></p> <p>Don't give out your personal information to people / places you don't know.</p> 	<h1 style="color: #00b050;">M</h1> <p><b>Don't Meet Up</b></p> <p>Meeting someone you have only been in touch with online can be dangerous. Always check with an adult you trust.</p> 	<h1 style="color: #ff9900;">A</h1> <p><b>Accepting Files</b></p> <p>Accepting emails, files, pictures or texts from people you don't know can cause problems.</p> 	<h1 style="color: #ff0000;">R</h1> <p><b>Reliable?</b></p> <p>Check information before you believe it. Is the person or website telling the truth?</p> 	<h1 style="color: #0000ff;">T</h1> <p><b>Tell Someone</b></p> <p>Tell an adult if someone or something makes you feel worried or uncomfortable.</p> <p>Follow these SMART tips to keep yourself safe online!</p> 
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Key Vocabulary	
online	Connected to, served by, or available through a system and especially a computer.
false	Something that is wrong or untrue.
safe	Free from harm or risk.
parent	A person who the child lives with and who looks after the child.
fact	Statements that we know to be true.
opinion	A viewpoint based on evidence but which cannot be proved.


### Christian Value Link

Generosity 


Forgiveness 


Community 


Compassion 

Respect 

### British Value Link

 Individual Liberty

 Rule of Law

 Mutual Respect and Tolerance

### Spirituality Link

 Connection with yourself...

 Connection with others...

 Connection with the World...

### Assessment: Unit Outcomes

- ✓ I can say some ways of checking whether something is a fact or just an opinion.
- ✓ I can say how I can help the people who help me, and how I can do this. I can give an example of this.



# LKS2: Being My Best

Cycle B



## Key Questions

### Keeping Myself Healthy

- Am I responsible for keeping myself healthy?
- What can I do myself to keep healthy?
- How do I feel when I do things to stay healthy?



### Celebrating and Developing My Skills

- What skills or talents do I have?
- How can a talent or skill be developed?
- Does goal-setting help improve skills and talents? How?
- What would I like to achieve when I am older?
- How do I achieve my goals?



## Key Vocabulary

Balanced Diet	A diet containing foods from each food group.
Achieve	To succeed in finishing something or reaching an aim
Medicine	A substance or preparation used in treating disease.
Healthy	A state of physical, mental, intellectual, social and emotional well-being.
Skills	Ability that comes from training or practice.
Improve	To advance or make progress in what is desirable.

## Assessment: Unit Outcomes

- ✓ I can give a few examples of things that I can take responsibility for in relation to my healthy and give an example of something that I've done which shows this.
- ✓ I can explain and give an example of a skill or talent that I've developed and the goal-setting that I've already done (or plan to do) in order to improve it.

### Christian Value Link

- Generosity (hands holding a heart)
- Forgiveness (heart with bandage)
- Community (group of people)
- Compassion (heart with dove)
- Respect (hands shaking)

### British Value Link

- Individual Liberty (UK flag)
- Rule of Law (UK flag)
- Mutual Respect and Tolerance (UK flag)

### Spirituality Link

- Connection with yourself... (hands holding a heart)
- Connection with others... (hands holding people)
- Connection with the World... (hands holding Earth)



# LKS2: Growing and Changing



Cycle B

## Key Questions

### Relationships

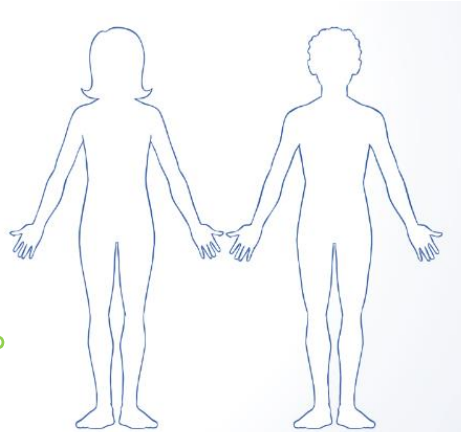
- Can a relationship be positive? How?
- How can a relationship be negative?
- What can someone do to make a friendship healthy?

### Menstruation

- What is menstruation?
- What happens when the human egg is not fertilised?
- Which parts of a woman's body are involved in menstruation?

### Keeping Safe

- What is someone's 'body space'?
- When is it ok to go into someone's body space?
- If someone wants another person to leave their body space, how can they ask them to leave?
- If someone feels uncomfortable, who can they talk to?



## Assessment: Unit Outcomes

- ✓ I can name a few things that make a positive relationship and some things that make a negative relationship.
- ✓ I can tell you what happens to the woman's body when the egg isn't fertilised, recognising that it is the lining of the womb that comes away.
- ✓ I can identify when someone hasn't been invited into my body space and show how I can be assertive in asking them to leave it if I feel uncomfortable.

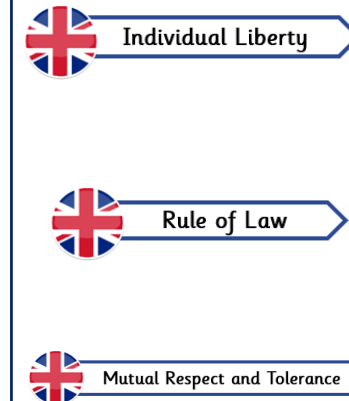
## Key Vocabulary

assertive	Communicating with others in a direct and honest manner without intentionally hurting anyone's feelings.
genitals	The sexual or reproductive organs located on the outside of the body.
menstruation	A normal vaginal bleeding that occurs as part of a woman's monthly cycle.
penis	The male reproductive organ.
vulva	The female reproductive organ.
hormones	Chemical substances that act like a messenger in the body.

### Christian Value Link



### British Value Link



### Spirituality Link

